



10 Steps to Making Your Doula Dreams Come True

1: Read the website

2: Register and pay for your Intro Class and Doula Training

3: Read Book List & *Modern Role of the Doula* article

4: Fill out the Pretest

5: Read DONA Standards of Practice and Code of Ethics

6: Read DONA Certification Requirements

7:
Attend Intro Class and Birth Doula Training!!

Optional:
'Long Time to Wait?'

8: Join DTD Mentoring Group

9: Complete Your Personal First Steps Plan

Finish Your Certification Requirements

10: *Go To Births!*
Become the Doula You Want To Be!